

# Grocery List for Ring Road

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*\*This was just our grocery list with food & items we found useful. Adjust for your personal preference!*

- Bread
- Cheese
- Ham
- Salami
  
- Apples
- Bananas
- Canned pineapples
- Canned pears *\*make sure canned foods don't require can opener*
  
- Nutella
- Peanut Butter
- Soymilk & Rice Milk *\*look for milk drinks that don't require freezing*

Lots of Snacks! Here are my personal suggestions:

- Sweet Chili Bugles
- Lays Sensations Thai Sweet Chili Chips
- Prince Chocolate Crackers
- "Knockoff Jaffa Cakes" Orange creme filled biscuits (Available at Bonus)
  
- Hand Sanitizer
- Toilet paper/Paper towels *\*just for general cleaning and wiping hands at meals*
- Baby Wipes *\*for when there aren't showers*
- Disposable cutlery (knives, forks)
- Large gallon water, for brushing teeth, showering *\*just in case there isn't water*